



Upcoming Programs with Sri Guruji Reverend Jaganath Carrera



YOGA
LIFE
SOCIETY

*** Please note, Reverend Jaganath Carrera will be present at the ****starred**** events***

****The Full Force of Yoga****

(Six Major Branches of Yoga, Leading Group Meditation)

Saturday, 4 February

7pm - 9pm

Serenity Yoga & Wellness Spa

1244 McBride Ave, Woodland Park, NJ

(973) 256-0023

\$20

(Note: This session of the YLS 500 Hour Yoga Teacher Training is open to the public)

****Understanding the Dark Night of the Soul****

Satsang at Integral Yoga Institute of Fairlawn**

Tuesday, 28 February

8:00pm - 9:30pm

Integral Yoga Institute of Fairlawn

21-03 Maple Ave, Fairlawn, NJ

(201) 796-7585

\$18

****Fairlawn IYI Teacher Training****

(Open to the public)

Monday, 5 March

6:30pm - 9:30pm

Integral Yoga Institute of Fairlawn

21-03 Maple Ave, Fairlawn, NJ

(201) 796-7585

Please check www.iyinj.org

**** Satsang at Akasha - A Space to Heal****

Friday, 10 February

7:30pm - 9:30pm

Akasha - "A Space to Heal"

265 Route 34 North – Rear Building

Colts Neck, New Jersey 07722

(888) 41-AKASHA

\$15

**** Satsang at Akasha - A Space to Heal****

Friday, 9 March

7:30pm - 9:30pm

Akasha - "A Space to Heal"

265 Route 34 North – Rear Building

Colts Neck, New Jersey 07722

(888) 41-AKASHA

\$15

****Serenity's Monthly Satsang****

(satsang will be followed by Sivaratri - see below)

Friday, 17 February

8:00pm - 9:30pm

Serenity Yoga & Wellness Spa

1244 McBride Ave, Woodland Park, NJ

(973) 256-0023

\$15

****Sivaratri Celebration****

Friday, 17 February

10pm - early morning 18 Feb

Pujas, Stories and Chants throughout the night.

As morning approaches we will share a morning meal.

Serenity Yoga & Wellness Spa

1244 McBride Ave, Woodland Park, NJ

(973) 256-0023

****Fairlawn IYI Teacher Training****

(Open to the public)

Monday, 12 March

6:30pm - 9:30pm

Integral Yoga Institute of Fairlawn

21-03 Maple Ave, Fairlawn, NJ

(201) 796-7585

Please check IYI Fairlawn website for details

****NY IYI Presents Reverend Jaganath Carrera****

Thursday, 23 February

6:00pm - 8:00pm

Integral Yoga Institute of New York

227 West 13th Street, New York, New York

(212) 929-0585

for more info and to register, please visit www.iyiny.org

Don't miss the ****Spring Awakenings Mini Yoga Retreat****
with Reverend Jaganath Carrera and Margabandhu Martarano

Sunday, 18 March

8:00am - 3:00pm

Serenity Yoga & Wellness Spa

For the most up to date **Yoga Life Society**
information, please visit www.yogalifesociety.com or
email shanti@yogalifesociety.com



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