



YOGA LIFE SOCIETY PROGRAMS



YOGA
LIFE
SOCIETY

SEPTEMBER 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Always check www.yogalifesociety.com for the most up to date schedule</p>			<p>YLS Yoga with Deep Relaxation at Elevate Yoga 9am</p> <p style="text-align: right;">1</p>	2	3	4	
	5	6	<p>Meditation Teacher Training Begins at Fairlawn IYI 6pm</p> <p style="text-align: right;">7</p>	<p>YLS Yoga with Deep Relaxation at Elevate Yoga 9am</p> <p style="text-align: right;">8</p>	9	<p>Satsang at Freehold Yoga Center 7:30pm</p> <p style="text-align: right;">10</p>	11
	12	13	14	<p>YLS Yoga with Deep Relaxation at Elevate Yoga 9am</p> <p style="text-align: right;">15</p>	16	17	18
	<p>Advanced Sutra Study at Krishna's 12pm</p> <p style="text-align: right;">19</p>	20	21	<p>YLS Yoga with Deep Relaxation at Elevate Yoga 9am</p> <p>Meditation Series with Shanti- Rutherford 7pm</p> <p style="text-align: right;">22</p>	23	24	25
	26	27	<p>Satsang at Fairlawn IYI 9am</p> <p style="text-align: right;">28</p>	<p>YLS Yoga with Deep Relaxation at Elevate Yoga 9am</p> <p>Meditation Series with Shanti- Rutherford 7pm</p> <p style="text-align: right;">29</p>	30		

For detailed program info visit www.yogalifesociety.com/SatsangCurrentSchedule.html